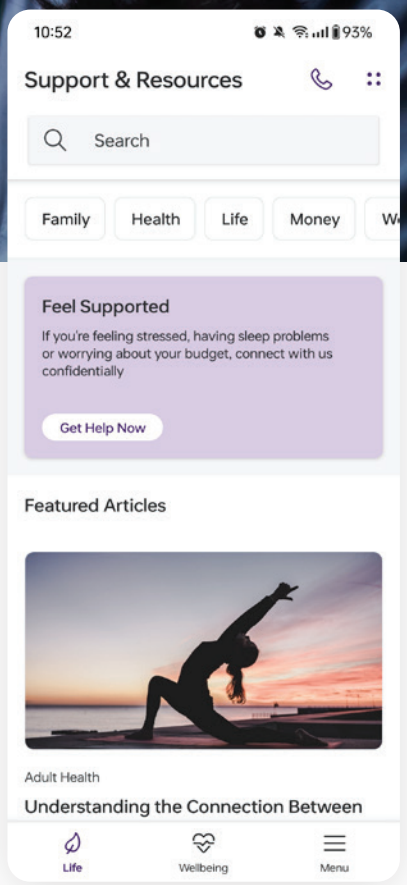
Allianz JD

Receive the support you need, when you need it



What do you do when challenging situations arise in life or at work?

Our Employee Assistance Programme provides you and your dependants with immediate and confidential couselling support.

The Employee Assistance Programme is a professional service available 24/7 and offers multilingual support on a wide range of challenges you may face at one point or another, including:

Work-life balance, and relationship, family, or parenting issues

Stress, depression, anxiety, isolation & loneliness, addiction concerns

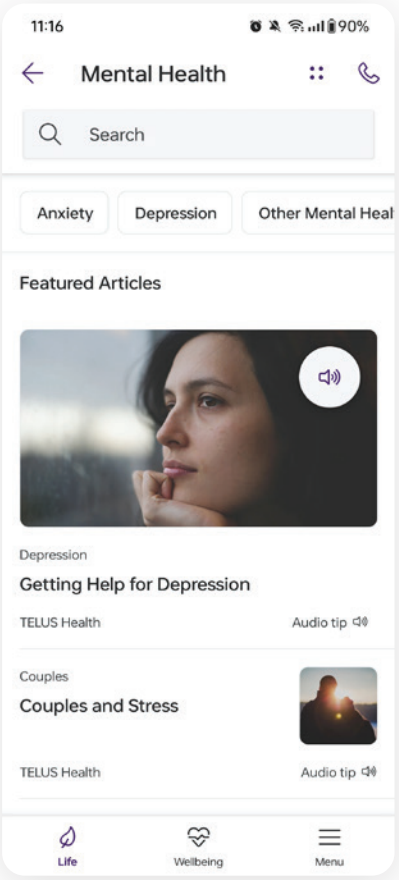
Workplace challenges, cultural shock, cross-cultural transition, legal and financial support and advice

Confidential, professional counselling

Access a large and diverse network of counsellors for mental health appointments **virtually, by phone, and in person**.

Access to **24/7 support for mental health care** and for other areas of your personal and professional life, including legal and financial assistance, child and elder care, career services, nutrition services, and more.

Leverage a searchable online library of **wellbeing content including podcasts, videos and articles - all clinically verified**.



Download the TELUS Health One app and get convenient access to wellbeing support

Download the app and use your login details to sign in on your mobile.
From the app you will be able to call an advisor with just one tap.

Download on the App Store

GET IT ON Google Play

Log in on the website using the following details

https://www.allianzcare.com/eap-login

Username: AllianzCare
Password: Expatriate

For a more detailed description of the services included, see your Employee Benefit Guide.

All calls are answered in either English or French, via the TELUS Health call centre, in Canada and this is not a free number (+1-905-886-3605).

The Employee Assistance Programme is provided by third party provider(s) outside the Allianz group. If included in your plan, these services will show in your Table of Benefits. These services are made available to you subject to your acceptance of the terms and conditions of your policy and the terms and conditions of TELUS Health and they may be subject to geographical restrictions. The TELUS Health One App does not provide medical or health advice and the wellness resources contained within the app are for informational purposes only and it shouldn't be regarded as a substitute for professional advice (medical, physical or psychological). They are also not a substitute for the diagnosis, treatment, assessment or care that you may need from your own doctor. You understand and agree that AWP Health & Life SA (Irish Branch) and AWP Health & Life Services Limited are not responsible or liable for any claim, loss or damage, directly or indirectly resulting from your use of any of these third party services.

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This policy is supported by AWP Health & Life SA, a limited company governed by the French Insurance Code and acting through its Irish Branch. Part of the Allianz Group, AWP Health & Life SA is registered in France: No. 401 154 679 RCS Bobigny. Irish Branch is registered in the Irish Companies Registration Office, registered No.: 907619, address: 15 Joyce Way, Park West Business Campus, Nangor Road, Dublin 12, Ireland. AWP Health & Life SA is the Reinsurer of this policy. Allianz Partners and Allianz Care are registered business names of AWP Health & Life SA.

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