



Choosing medical specialists

You're likely to meet several different doctors and specialists during your cancer journey*. This infographic gives a simple overview of who might be on your team and how they help, so you know who to turn to and what to expect.



Medical oncologist

Your main cancer doctor for drug treatments. They explain options, manage treatment such as chemo/targeted/immunotherapy, and guide you through your cancer journey.



Palliative care team

They can help at any stage alongside your cancer journey to ease symptoms and stress from cancer and its treatment—things like pain, nausea, fatigue, sleep, and mood.



Surgical oncologist

The cancer surgeon does biopsies and remove tumours, while also explaining what to expect before and after surgery.



Dietitian

Supports you in maintaining your weight and strength while also supporting you with nutrition guidance and managing side effects.



Radiation oncologist

The doctor who treats cancer with radiotherapy. They plan your sessions and help manage side effects.



Primary care physician (GP)

Your regular doctor who looks after your overall health and coordinates with the cancer team.



Social worker

Helps with practical life stuff: work notes, money, transport, forms, and finding support.



Mental health professional

A therapist who understands cancer. A safe person to talk to about worry, sleep, mood, and coping strategies.



Clinical nurse specialist

Your go-to nurse in cancer care. They explain your care plan in simple terms, help coordinate appointments and tests.



Fertility expert

A fertility specialist helps you understand how treatment may affect having children and quickly arrange options to preserve fertility (eggs, sperm, embryos) before treatment. They can also support your family planning after treatment.