



## General Terms of Insurance for Groups (also referred to as your Employee Benefit Guide)

**Suisse International Healthcare Plans (VVG)**

Valid from 1st January 2023

# Welcome

You and your family can depend on us, as your international health insurer, to give you access to the best care possible.

This guide explains the details of your supplemental medical cover for accessing treatment outside of Switzerland and has two parts: "How to use your cover" is a summary of all important information you are likely to use on a regular basis. "Terms and conditions of your cover" explains your cover in more detail. To make the most of your international healthcare plan, please read this guide together with your Insurance Certificate and Table of Benefits.

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## Terms and conditions of your cover

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The Underwriter of your VVG insurance is AWP P&C S.A., Saint-Ouen (Paris), Wallisellen Branch (Switzerland), the Swiss Branch of AWP P&C S.A., Saint-Ouen, France, a limited company governed by the French Insurance Code. Registered in France: No. 519 490 080 RCS Paris. Swiss Branch registered in Zurich, registered No.:CHE-115.393.016, address: Richtiplatz 1, 8304 Wallisellen.

AWP Health & Life SA, acting through its Irish Branch, is a limited company governed by the French Insurance Code. Registered in France: No. 401 154 679 RCS Bobigny. Irish Branch registered in the Irish Companies Registration Office, registered No.: 907619, address: 15 Joyce Way, Park West Business Campus, Naangor Road, Dublin 12, Ireland. AWP Health & Life SA, acts as the reinsurer of the VVG policies, provides administration services and technical support. Allianz Care and Allianz Partners are registered business names of AWP Health & Life SA.

# How to use your cover




# Support services

We believe in providing you with the top-quality service that you deserve. In the following pages we describe the full range of services we offer. Read on to discover what is available to you, from our MyHealth Digital Services to the Employee Assistance Programme.

## Talk to us, we love to help!

If you have any queries regarding your top-up cover, treatments outside Switzerland, evacuations and repatriations, please contact us:


24/7 Helpline:

 Phone: +353 1 630 1301

For our latest list of toll-free numbers, please visit:

[www.allianzcare.com/en/pages/toll-free-numbers.html](http://www.allianzcare.com/en/pages/toll-free-numbers.html)

 Email: [client.services@allianzworldwidecare.com](mailto:client.services@allianzworldwidecare.com)

 Fax: +353 1 630 1306

### Did you know...

...that most of our members find that their queries are handled quicker when they call us?

## MyHealth Digital Services

Through MyHealth, available as a mobile app and online portal, you have easy and convenient access to your cover, no matter where you are or what device you are using.

### MyHealth app and online portal features



#### My policy

Access your policy documents and membership card on the go.



#### My claims

Submit your claims in 3 simple steps and view your claims history.



#### My contacts

Access our 24/7 multilingual Helpline. Live chat is also available (in English and on the online portal only).



#### Symptom checker

Get a quick and easy assessment of your symptoms.



#### Provider finder

Locate medical providers nearby.



#### Pharmacy aid

Look up the local equivalent names of branded drugs.



#### Medical term translator

Translate names of common ailments into 17 languages.



#### Emergency contact

Access local emergency numbers worldwide.

### Additional useful features

- Update your details online: email, phone number, password, address, marketing preferences, etc.
- View the remaining balance of each benefit which is in your Table of Benefits

All personal data within MyHealth Digital Services is encrypted for data protection.

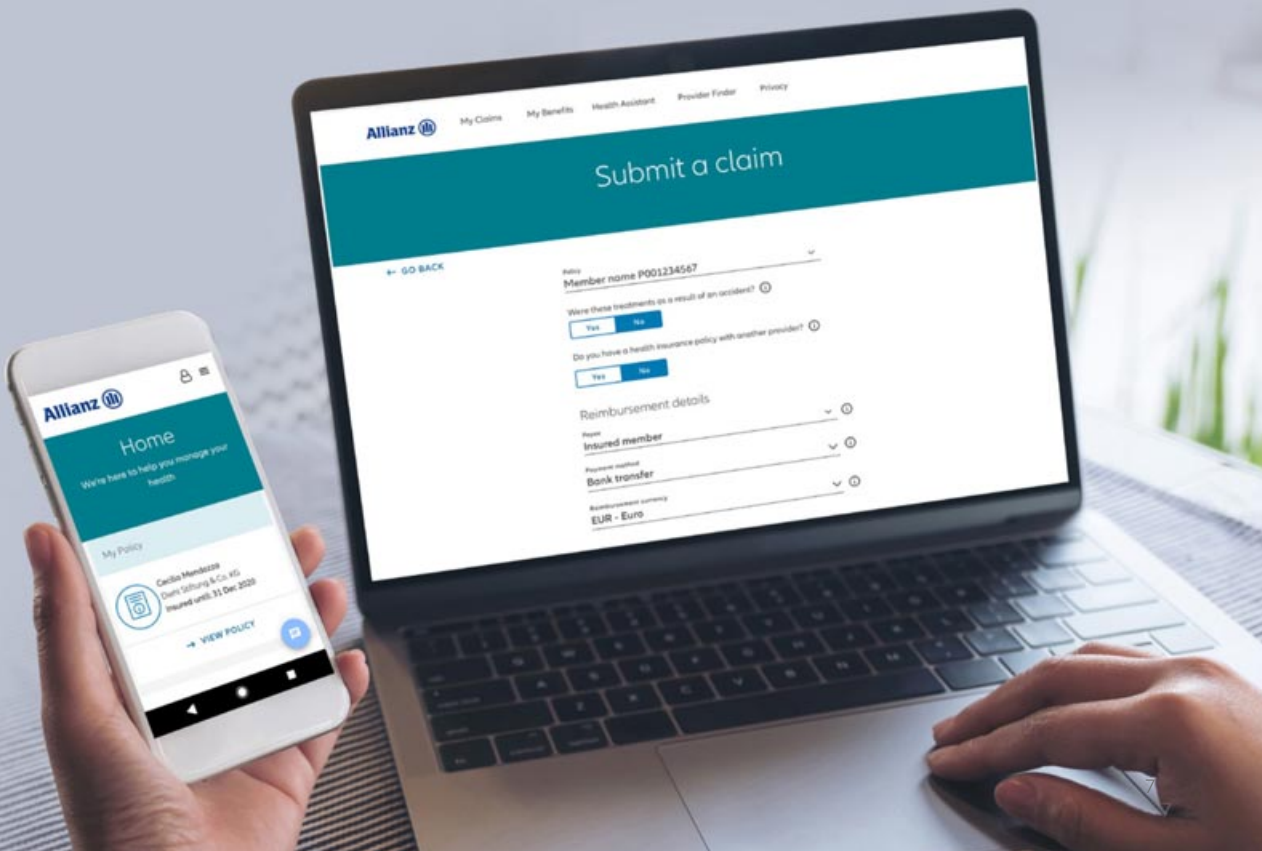
## Getting started:

1. Login to MyHealth online portal to register. Go to <https://my.allianzcare.com/myhealth>, click on "REGISTER HERE" near the bottom of the page and follow the on-screen instructions. Be ready to provide your policy number, which you can find in your Insurance Certificate.
2. As an alternative, you can register via our MyHealth App. To download it, search for "Allianz MyHealth" on the Apple App Store or Android's Google Play service.



3. Once setup, you can use the email (username) and password you provided during registration to login to MyHealth online portal or app. The same login details are used for both and in the future, if you change login details for one, it will automatically apply to the other. You don't need to change them in both places. We also offer a biometric login option for the app, for example Touch ID or Face ID, where supported by your device.

For more information, please visit [www.allianzcare.com/en/myhealth.html](http://www.allianzcare.com/en/myhealth.html)



## Web-based services

On [www.allianzcare.com/members](http://www.allianzcare.com/members) you can:

- Search for medical providers (you are not restricted to using the providers listed in our directory)
- Download forms
- Access our Health Guides
- Access our “My expat life” hub – from planning to move, to settling down in your new country, you’ll find everything you need to know about moving overseas

## Second Medical Opinion\*\*

As your health partner, we aim to provide you with peace of mind. Have you been diagnosed with a serious illness or had surgery recommended? Do you want expert help on the best treatment options available and where to get the most appropriate treatment? As part of your cover you have access to our Second Medical Opinion service.

When you access this service, we assign to you a dedicated case manager, i.e. a healthcare professional from our own Medical Team to guide and assist you. Your case manager will ask you to provide all the necessary information about your medical case: then he/she will help you find a hospital, doctor or specialist for the Second Medical Opinion and provide the opinion to you.

To access our service, simply contact us:

 +353 1 630 1301

 [medical.smo@allianz.com](mailto:medical.smo@allianz.com)

...and ask for the Second Medical Opinion service. You will need to state your policy number for identification.





## Olive – Allianz Care’s Health & Wellness support program.

Your first steps towards a healthier life.

In today’s increasingly busy and ever-changing world we recognise the importance of staying healthy and we firmly believe that prevention is better than cure. Olive\*\*, our proactive care engine, is designed to motivate and guide you towards a healthier life. It includes the Health and Wellness hub and our HealthSteps app.

### 1. Health and Wellness hub

Our Health & Wellness Hub, accessible via our MyHealth Digital Services (mobile app and portal), offers you a range of services gathered in one convenient place to support you on your journey to a long, happy and healthy life.

On the Hub you will have access to:

- Tips and articles on topics such as sleep, fitness, nutrition and emotional wellbeing.
- Online health assessments\*\*.
- Our BMI calculator.
- Our monthly live health and wellness webinars, with Q&A session, delivered by specialists.



## 2. HealthSteps app\*\*

Did you know that by maintaining a healthy lifestyle, you may reduce the risk of developing medical conditions? The Allianz HealthSteps app was designed to give personalised guidance and help you reaching your health and fitness goals. By connecting to smart phones, wearable devices and other apps, HealthSteps monitors the number of steps taken, calories burned, sleep schedule and more.

HealthSteps features:



### Plan

Choose a health goal and use the action plans to adopt and maintain good health habits:

- Lose weight
- Improve posture
- Sleep better
- Eat healthy
- Get moving and energised
- Stay healthy
- Reduce stress
- Lower blood pressure



### Challenges

Join monthly challenges and get encouragement from other HealthSteps users by sharing your performance and competing against each other on group challenges. These challenges are based on steps, calories and distance.



### Progress

Connect with popular health and activity trackers and monitor your progress against goals you set for yourself.



### Library

Access articles and get tips and advice on how to live and maintain a healthy life.

Download the “Allianz HealthSteps” app from App Store or Google Play.




## Video consultation services via Telehealth Hub\*\*

If an Out-patient plan is included in your cover, you have direct access to online doctor appointments (video consultation services) where a provider is available in your geographical location.

With the Telehealth Hub, you can save time by seeing a doctor via video from the comfort of your own home or office. Offering a secure and confidential service, our telehealth network of doctors can provide medical advice, recommend treatments and offer prescriptions for non-emergency concerns.

The service is accessible via MyHealth portal or directly via our TeleHealth platform at:

 [www.allianzcare.com/telehealthhub](http://www.allianzcare.com/telehealthhub)

An appointment can be made to speak to a medical practitioner in English, subject to availability. Some third party providers may offer the service in additional languages.

Depending on your geographical location, local country regulations and insurance plan coverage, the teleconsultation service may also offer prescriptions.

In countries where a teleconsultation service is not yet available, you can always call our 24/7 medical advice helpline – this service is offered in English, German, French and Italian. The phone number is available on TeleHealth Hub.



## Employee Assistance Programme (EAP)\*\*

When challenging situations arise in life or at work, our Employee Assistance Programme provides you and your dependants with immediate and confidential support. EAP, where provided, is shown in your Table of Benefits.

This professional service is available 24/7 and offers multilingual support on a wide range of challenges, including:

- Work/Life balance
- Family/Parenting
- Relationships
- Stress, depression, anxiety
- Workplace challenges
- Cross-cultural transition
- Cultural shock
- Coping with isolation and loneliness
- Addiction concerns

Support services include:



### **Confidential professional counselling**

Receive 24/7 support with a clinical counsellor through live online chat, face to face, phone, video or email.



### **Critical incident support**

Receive immediate critical incident support during times of trauma or crisis. Our wide-ranging approach provides stabilization and reduces stress associated with incidents of trauma or violence.



### **Legal and financial referral services**

Whether it's help buying a home, handling a legal dispute or creating a comprehensive financial plan, we will refer you to a third-party advisor who can help answer your questions and reach your goals.



### **Access to the wellness website and app**

Discover online support, tools and articles for help and advice on health and wellbeing.

## Let us help:

 +1 905 886 3605

This is not a free phone number. If you need a local number, please access the wellness website and you will find the full list of our 'International Numbers'.

Your calls are answered by an English-speaking agent, but you can ask to talk to someone in a different language. If an agent is not available for the language you need, we will organise interpreter services.

 <https://www.allianzcare.com/eap-login>

(available in English, French and Spanish)

 Download the Lifeworks app in Google Play or Apple Store



Login on the website or the app using the following details:

Username: AllianzCare

Password: Expatriate

## Travel Security Services\*\*

As the world continues to witness an increase in security threats, Travel Security Services offer 24/7 access to personal security information and advice for your travel safety queries – via phone, email or website. Your Table of Benefits shows whether your plan includes these services.

You can access:



### Emergency security assistance hotline

Talk to a security specialist for any safety concerns associated with a travel destination.



### Country intelligence and security advice


Security information and advice about many countries.




### Daily security news updates and email travel safety alerts

Sign up and receive alerts about high-risk events in or near your current location, including terrorism, civil unrest and severe weather risks.

- To access the Crisis24 Horizon desktop website, go to <https://crisis24horizon.com/allianztravsec>, add your email address and select *Create Account*. Enter your details and add the Member ID of ALLIANZTSS\*\*
- To access the Crisis24 Horizon mobile app, download either the Android or iOS version to your mobile device (you can also search for Crisis24 Horizon in either store), then **sign in** using the same email (username) and password you created above. You can also register directly on the mobile app using the Member ID.

 <https://crisis24horizon.com/allianztravsec>

 Download the Crisis24 Horizon app from App store or Google Play.



*All Travel Security Services are provided in English. We can arrange for you to use an interpreter where required.*

*\*\*Certain services which may be included in your plan are provided by third party providers, such as the Employee Assistance Programme, Travel Security services, HealthSteps app, Second Medical Opinion and tele-medicine services. If included in your plan, these services will show in your Table of Benefits. These services are made available to you subject to your acceptance of the terms and conditions of your policy and the terms and conditions of the third parties. These services may be subject to geographical restrictions. The HealthSteps app does not provide medical or health advice and the wellness resources contained within Olive are for informational purposes only. The HealthSteps app and the wellness resources contained within Olive shouldn't be regarded as a substitute for professional advice (medical, physical or psychological). They are also not a substitute for the diagnosis, treatment, assessment or care that you may need from your own doctor. You understand and agree that the insurer, its reinsurers and administrators are not responsible or liable for any claim, loss or damage, directly or indirectly resulting from your use of any of these third party services.*



# Understanding how your cover works

## What am I covered for?

You and your dependants are covered for medically necessary treatment and related costs, services and/or supplies as indicated in the Table of Benefits. These are subjected to:

- Policy definitions and exclusions (available in this guide)
- **For policies with full medical underwriting:** Any special conditions shown on your Insurance Certificate (and on the Special Condition Form issued before the policy comes into effect, where relevant)
- **Costs being reasonable and customary** - these are costs that are usual within the country of treatment. We will only reimburse medical providers where their charges are in accordance with standard and generally accepted medical procedures. If we consider a claim to be inappropriate, we reserve the right to decline or reduce the amount we pay.

We generally cover pre-existing conditions (including pre-existing chronic conditions) unless we say otherwise in your policy documents. If in doubt, please check your Table of Benefits to confirm if pre-existing conditions are covered.

If you are uncertain whether your planned medical treatment is covered under your plan, please contact our Helpline.

## Where can I receive treatment?

You can receive treatment in any country within your area of cover, as shown in your Insurance Certificate.

If the treatment you need is available locally but you choose to travel to another country in your area of cover, we will reimburse all eligible medical costs incurred within the terms of your policy; except for your travel expenses.

If the eligible treatment is not available locally, and your cover includes 'Medical evacuation', we will also cover travel costs to the nearest suitable medical facility. To claim for medical and travel expenses incurred in these circumstances, you will need to complete and submit the Treatment Guarantee Form before travelling.



You are covered for eligible costs incurred in your home country, provided that your home country is in your area of cover.

## What are benefit limits?

Your cover may be subject to a **maximum plan benefit**. This is the maximum we will pay in total for all benefits included in the plan per member, per Insurance Year.

If your plan has a maximum plan benefit, it will apply even where:

- The term “Full refund” appears next to the benefit
- A specific benefit limit applies this is when the benefit is capped to a specific amount (e.g. CHF10,000).

Benefit limits may be provided on a “per Insurance Year” basis, on a “per lifetime” basis or on a “per event” basis (such as per trip, per visit or per pregnancy).

In some instances, in addition to the benefit limit, we will only pay a percentage of the costs for the specific benefit (e.g. 80% refund).

### Benefit limits related to maternity

The benefits “Routine maternity” and “Complications of pregnancy and childbirth” are paid on either a “per pregnancy” or “per Insurance Year” basis. Your Table of Benefits will confirm this.

#### *If your maternity benefits are payable on a “per pregnancy” basis*

When a pregnancy spans two Insurance Years and the benefit limit changes at policy renewal, the following rules apply:

- In year one – the benefit limits apply to all eligible expenses.
- In year two – the updated benefit limits apply to all eligible expenses incurred in the second year, less the total benefit amount already reimbursed in year one.
- If the benefit limit decreases in year two and we have already paid up to or over this new amount for eligible costs incurred in year one, we will pay no additional benefit in year two.

#### *Limit for multiple-birth babies, all babies born by surrogacy, adopted and fostered children*

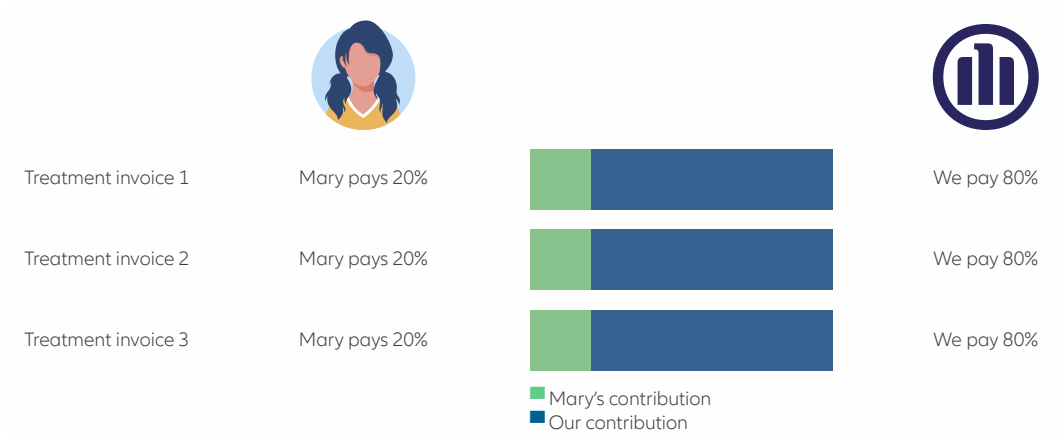
There is a limit for in-patient treatment that takes place in the first three months following birth if the baby:

- was born by surrogacy
- is adopted
- is fostered
- is a multiple-birth baby born as a result of medically assisted reproduction.

This limit is CHF39,000 per child. Out-patient treatment is paid under the terms of the Out-patient Plan.

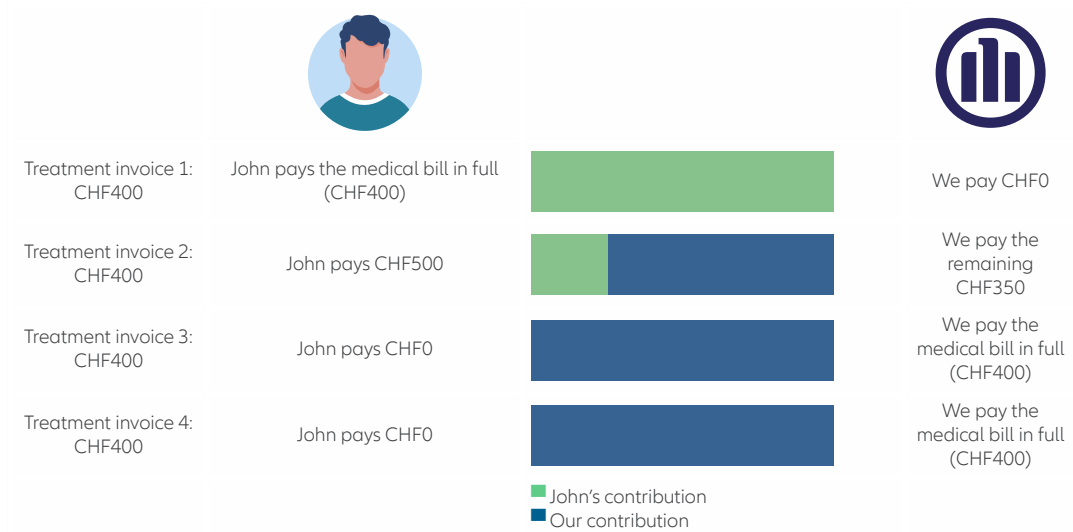
## What are co-payments?

A co-payment is when you pay a percentage of the medical costs. Your Table of Benefits will show whether this applies to your plan. In the following example, Mary requires several dental treatments throughout the year. Her dental treatment benefit has a 20% co-payment, which means that we will pay 80% of the cost of each eligible treatment. The total amount payable by us may be subject to a maximum plan benefit limit.



## What are deductibles?

A deductible (also known in health insurance as an ‘excess’) is a fixed amount you need to pay towards your medical bills per period of cover before we begin to contribute. Your Table of Benefits will show whether this applies to your plan. In the following example, John needs to receive medical treatment throughout the year. His plan includes a CHF450 deductible.



# Seeking treatment?

We understand that seeking treatment can be stressful. Follow the steps below so we can look after the details – while you concentrate on getting better.

## Check your level of cover

First, check that your plan covers the treatment you are seeking. Your Table of Benefits will confirm what is covered. However, you can always call our Helpline if you have any queries.

## Some treatments require our pre-approval

Your Table of Benefits will show which treatments require our pre-approval (via a Treatment Guarantee Form). These are mostly in-patient and high cost treatments. The pre-approval process helps us assess each case, organise everything with the hospital before your arrival and make direct payment of your hospital bill easier, where possible.

Unless we and your company agree otherwise, if you make a claim without obtaining our pre-approval, the following will apply:

- If the treatment received is subsequently proven to be medically unnecessary, **we reserve the right to decline your claim.**
- If the treatment is subsequently proven to be medically necessary, we will pay **80%** of in-patient benefits and **50%** of other benefits.

## Treatment inside Switzerland: present your KVG insurance card

For your daily medical needs while you are in Switzerland, please use your KVG insurance first. This is your mandatory base cover provided by the local Swiss insurance company.

Your medical provider will be able to advise you if and when you can use your VVG cover inside Switzerland. Please talk to your doctor and your local insurance provider to confirm if a top-up cover is required.

## Treatment outside Switzerland: Allianz Care is your contact

The Allianz Care membership card provides access to treatments and a comprehensive international network of healthcare providers outside Switzerland. To ensure your treatment costs will be covered please check your Table of Benefits first. If you are still not sure if you are covered for the treatment you are seeking please call us.

### Getting in-patient treatment outside Switzerland (pre-approval applies)

If you chose to receive an in-patient treatment outside Switzerland you are required to obtain pre-approval by submitting a Treatment Guarantee Form. This allows us to contact the hospital to organise payment of your bill directly, where possible.



Download a Treatment Guarantee Form from our website: [https://www.allianz-partners.com/en\\_CH/business-areas/care/corporate-groups.html](https://www.allianz-partners.com/en_CH/business-areas/care/corporate-groups.html)



Complete the form and send it to us at least **five working days before** treatment.  
You can send it by email, fax or post to the address shown on the form.



We contact the hospital to organise payment of your bill directly, where possible.

## If it's an emergency

Get the emergency treatment you need and call us if you need any advice or support.

If you are hospitalised, either you, your doctor, one of your dependants or a colleague needs to call our Helpline (within 48 hours of the emergency) to inform us of the hospitalisation. We can take Treatment Guarantee Form details over the phone when you call us.

We can also take Treatment Guarantee Form details over the phone if treatment is taking place within 72 hours. Please note that we may decline your claim if pre-approval is not obtained, where required.



## Claiming for your out-patient, dental and other expenses

If your treatment does not require our pre-approval, you can simply pay the bill and claim the expenses from us. In this case, follow these steps:



Receive your medical treatment and pay the medical provider.



Get an invoice from your medical provider. This should state your name, treatment date(s), the diagnosis/medical condition that you received treatment for, the date of onset of symptoms, the nature of the treatment and the fees charged.



Claim back your eligible costs via our MyHealth app or online portal ([www.allianzcare.com/en/myhealth.html](http://www.allianzcare.com/en/myhealth.html)).

*Simply enter a few key details, add your invoice(s) and press 'submit'.*



### Quick claim processing

Once we have all the information required, we can process and pay a claim within 48 hours. However, we can only do this if you have told us your diagnosis, so please make sure you include this with your claim. Otherwise, we will need to request the details from you or your doctor.

We will email or write to you to let you know when the claim has been processed.

## Evacuations and repatriations

At the first indication that you need medical evacuation or repatriation, please call our 24 hour Helpline and we will take care of it. Given the urgency, we would advise you to phone if possible. However, you can also contact us by email. If emailing, please write 'Urgent – Evacuation/Repatriation' in the subject line.

Please contact us before talking to any providers, even if they approach you directly, to avoid excessive charges or unnecessary delays in the evacuation. In the event that evacuation/repatriation services are not organised by us, we reserve the right to decline the costs.

☎ +353 1 630 1301

@ [medical.services@allianzworldwidecare.com](mailto:medical.services@allianzworldwidecare.com)





## Seeking treatment in the USA

If you have worldwide cover, we offer you simple access to medical care in the USA, through our local third-party partner, supporting your access to medical providers in the country.

To access treatment in the USA, simply show your membership card: your medical provider will then contact our third-party partner to sort any paperwork related to your treatment. We will pay the cost of your eligible treatment directly to your medical provider, if applicable; if you are responsible for any part of the costs, your provider will let you know.

For queries or requests for assistance related to treatment in the USA, please find all contact details on the back of your membership card.

### **For a prescription**

If your plan includes access to the Caremark's pharmacy network, you can obtain certain drugs and pharmacy products at these US pharmacies on a cashless basis. All details you need to access the Caremark pharmacy network will be shown either on your membership card or on a separate Caremark card.

Show your membership card (or the separate Caremark card) to the Caremark network pharmacy. The pharmacist will tell you if you need to pay any part of the costs, for example if there is a co-payment. Please ensure that the prescriptions have the date of birth of the person that the prescription is for.

# Additional information about claiming for your expenses

## Medical claims

Before submitting a claim to us, please pay attention to the following points:

- **Direct right to claim:** You have the direct right to submit a claim to us as soon as an eligible insured event takes place in line with the terms and conditions of the policy (Article 87 VVG).
- **KVG (mandatory cover) claims process:** Claims related to your KVG cover must be submitted to and processed by your KVG insurance provider in Switzerland. Please refer to the information provided by your local Swiss insurer.
- **VVG (supplemental cover) claims process**
  - a) For claims relating to treatment inside Switzerland you must first submit the claim to your KVG insurance provider in Switzerland, who will issue you with an invoice statement. Once you receive the invoice statement from your KVG insurance provider, you must then submit this to us for processing.
  - b) Claims relating to treatment outside Switzerland may be submitted directly to us via our MyHealth app or online portal. Please read “Treatment outside Switzerland” section to learn more.
  - c) The insured person shall submit any claim(s) to us no later than five years after the treatment date. Beyond this time we are not obliged to settle the claim (Article 46 VVG).
  - d) Your claim will be processed within four weeks of receipt (Article 41 VVG).
- **Claiming deadline:** You must submit all claims (via our MyHealth app or online portal) no later than two years after the treatment date. If cover is cancelled during the Insurance Year, you should submit your claim no later than six months after the date that your cover ended. After this time, we are not obliged to settle the claim (Article 46 VVG). Your claim will be processed within four weeks of receipt (Article 41 VVG).
- **Claim submission:** You must submit a separate claim for each person claiming and for each medical condition being claimed for.
- **Supporting documents:** When you send us copies of supporting documents (e.g. medical receipts), please make sure you keep the originals. We have the right to request original supporting documents/receipts for auditing purposes up to 12 months after settling your claim. We may also request proof of payment by you (e.g. a bank or credit card statement) for medical bills you have paid. We advise that you keep copies of all correspondence with us as we cannot be held responsible for correspondence that fails to reach us for any reason outside of our control.
- **Deductibles:** If the amount you are claiming is less than the deductible figure in your plan, you can either:

- Collect all out-patient receipts until you reach an amount that exceeds this deductible figure.
  - Send us each claim every time you receive treatment. Once you reach the deductible amount, we'll start reimbursing you. Attach all supporting receipts and/or invoices with your claim.
- **Currency:** Please specify the currency you wish to be paid in. On rare occasions, we may not be able to make a payment in that currency due to international banking regulations. If this happens, we will identify a suitable alternative currency. If we have to make a conversion from one currency to another, we will use the exchange rate that applied on the date the invoices were issued, or on the date that we pay your claim.  
Please note that we reserve the right to choose which currency exchange rate to apply.
  - **Reimbursement:** We will only reimburse (within the limits of your policy) eligible costs after considering any pre-approval requirements, deductibles or co-payments outlined in the Table of Benefits.
  - **Reasonable and customary cost:** We will only reimburse charges that are reasonable and customary in accordance with standard and generally accepted medical procedures. If we consider a claim to be inappropriate, we reserve the right to reduce the amount we pay.
  - **Deposits:** If you have to pay a deposit in advance of any medical treatment, we will reimburse this cost only after treatment has taken place.
  - **Providing information:** You and your dependants agree to help us get all the information we need to process a claim. We have the right to access all medical records and to have direct discussions with the medical provider or the treating doctor. We may, at our own expense, request a medical examination by our doctors if we think it's necessary. All information will be treated confidentially. We reserve the right to withhold benefits if you or your dependants do not support us in getting the information we need.

## Treatment needed as a result of someone else's fault

If you are claiming for treatment that you need when somebody else is at fault, you must write and tell us as soon as possible. For example, if you need treatment following a road accident in which you are a victim. Please take any reasonable steps we ask of you to obtain the insurance details of the person at fault. We can then recover from the other insurer the cost of the treatment paid for by us. If you are able to recover directly the cost of any treatment which we have paid for, you will need to repay that amount (and any interest) to us.

# Terms and conditions of your cover



# Terms and conditions

**This section describes the benefits and rules of your health insurance policy. Please read it together with your Insurance Certificate and Table of Benefits.**

- Your **Insurance Certificate** details the plan(s) and geographical area of cover that your company chose for you and your dependants (if applicable). It also states the start date and renewal date of your cover. For policies where your medical history is assessed (underwritten policies) this document will state any special terms that may apply to your cover. Please note that we will send you a new Insurance Certificate if we need to record any changes to your policy. These may be changes that your company requests or changes we are entitled to make. They may also be changes that you request (such as adding a dependant) – provided your company approves and we accept.
- Your **Table of Benefits** outlines the plan(s) selected by your company and the benefits available to you. It also specifies any benefits/treatments which require you to submit a Treatment Guarantee Form. It confirms any benefits to which specific benefit limits, waiting periods, deductibles and/or co-payments apply. Your Table of Benefits will be in the currency agreed with your company (or with you, if you pay the insurance premium).

For full details of your company's insurance contract, please contact your company's Group Scheme Manager. Please note that the terms and conditions of your cover may be changed from time to time by agreement between your company and us.

# Administration of your policy

If your policy or any changes are inconsistent with what was agreed by the company and us, the company must request the correction within four weeks after receiving the policy terms and conditions. Should the Policyholder fail to request the correction, the content will be deemed to be accepted by the company (Article 12 VVG).

## Changes to principal insured employee

If a request is made to change the principal insured employee, the proposed replacement principal insured will be required to complete the relevant application form (for underwritten groups only).

## Double insurance and subsidiarity

- a) We provide our insurance obligations/benefits following reimbursement of benefits by social insurers or other private insurers or other liable parties. If other private insurers are liable to provide benefits following reimbursement of others parties, we shall render benefits based on the amount of the benefit insured by us in proportion to the amount of the benefit insured by all liable insurers (Article 71 VVG). If a social insurer is compulsorily liable and we have provided initial insurance cover, we retain the right of reimbursement from either you or the social insurer.
- b) If liable third parties have an obligation to provide benefits for the consequences of illness or accident, we only guarantee to provide our benefits as advance payments and under the condition that the insured person transfers their claims against liable third parties to us up to the amount of the benefits rendered by us. If the insured person makes any agreement with liable third parties, in which they partly or wholly waive their claims to insurance benefits or compensation, without our consent, their entitlement to benefits from us becomes null and void.

## When cover starts for you and your dependants

Your insurance is valid from the start date shown on the Insurance Certificate and will continue until the group renewal date (which is also stated on the Insurance Certificate). Generally, this is one Insurance Year, unless we and your company decide otherwise or if you started your policy mid-year. At the end of this period, your company can renew the insurance on the basis of the policy terms and conditions applicable at that time. You will be bound by those terms.

Cover for dependants (if applicable) will start on the effective date shown on the most recent Insurance Certificate which lists them as your dependants. Their membership may continue for as long as you remain part of the group scheme and, for children, as long as they remain under the defined age limit. Child dependants can be covered under your policy up until the day before their 18th birthday or up until the day before their 24th birthday if they are in full-time education. At that time, they may apply for cover in their own right under one of our Healthcare Plans for Individuals and Families.

## Adding dependants

Are you getting married or having a baby? Congratulations!

You may apply to include any member of your family as a dependant if you are allowed to under the agreement between your company and us. The process is different for underwritten groups and non-underwritten groups. If you belong to an underwritten group (where medical history is assessed), you must have provided health and other relevant information when applying.

### **Groups with full medical underwriting**

#### *How do I add a newborn to my policy?*

Please send an email to [underwriting@allianzworldwidecare.com](mailto:underwriting@allianzworldwidecare.com) within four weeks from birth and attach the birth certificate. With the exception of multiple birth babies, we will accept the baby without medical underwriting if the birth parent or intended parent (in the case of surrogacy) has been insured with us for a minimum of six continuous months. Cover will start at birth.

#### *What happens if I don't notify you within four weeks?*

The newborn child will be underwritten and if accepted, cover will start from the date of acceptance.

#### *What if I am adding multiple birth babies, babies born by surrogacy, adopted and fostered children?*

Multiple birth babies will be underwritten and if accepted, cover will start from the date of acceptance.

There is a limit for in-patient treatment that takes place in the first three months following birth if the baby:

- was born by surrogacy
- is adopted
- is fostered
- is a multiple-birth baby born as a result of medically assisted reproduction.

This limit is CHF39,000 per child. Out-patient treatment is paid under the terms of the Out-patient Plan.

## **Non-underwritten groups**

### *How do I add a newborn to my policy?*

Newborn infants (including multiple birth babies, babies born by surrogacy, adopted and fostered children) will be accepted for cover from birth, provided that we are notified within four weeks of the date of birth. To have a newborn added to the policy, you must ask your company to submit a request in writing, including a copy of the birth certificate, to its usual contact person for membership changes.

Following acceptance, we will issue a new Insurance Certificate to reflect the addition of a dependant. This new certificate will replace any earlier version(s) you may have from the start date shown on it.

### *What happens if I don't notify my company within four weeks?*

If we are notified four weeks or more after the date of birth, newborn children will be accepted for cover from the date of that notification.

## **Changing country of residence**

It is important to let us know when you change your country of residence. This may affect your cover or premium, even if you are moving to a country within your geographical area of cover, as your existing plan may not be valid there. Cover in some countries is subject to local health insurance restrictions, particularly for residents of that country. It is your responsibility to ensure that your health cover is legally appropriate. If you are not sure, please get independent legal advice, as we may no longer be able to cover you. The cover we provide is not a substitute for local compulsory health insurance, e.g. for members resident in Switzerland, our cover is not a legally appropriate substitute for Swiss compulsory health insurance (KVG).

### *How do I notify you that I am moving country?*

If you are member of an underwritten group (where medical history is assessed), just contact our Helpline. If you are a member of a non-underwritten group, please notify your company

## **Changing your postal address or email address**

We will send all correspondence to the address we have on record for you unless requested otherwise. You need to inform us in writing as soon as possible of any change in your home, business or email address.

## **Correspondence**

When you write to us, please use email or post (with the postage paid). We do not usually return original documents to you, but if you ask us to, we will.



If you wish to contact us via post please write to the following address:

 AWP P&C S.A., Wallisellen branch (Switzerland), Richtiplatz 1, 8304 Wallisellen.

## Renewal of cover

If your company pays for your premium, the renewal of your cover (and that of your dependants, if applicable) is the decision of your company.

If you pay your premium and your company renews your cover (and that of your dependants, if applicable), your policy will automatically renew for the next Insurance Year, if:

- We can continue to provide cover in your country of residence
- All premiums due to us have been paid
- The payment details we have for you are still valid on the policy renewal date. Please update us if you get a new/replacement credit card or if your bank account details have changed.

## Ending your cover

Your company and we can end your membership or that of any of your dependants by notifying the other party in writing with effect from the next renewal date by giving three months prior.

We waive the statutory right to end your cover in the event of a claim under Article 42 VVG. The company's right to end your cover remains unaffected.

Your company and we will advise you immediately if for any reason your cover will be not renewed or will be cancelled, so you are aware that all cover has ended and that benefits will not be payable. The company and we will also advise you of any continuation of cover options.

We can cancel your cover by giving three months notice to the end of a calendar year. The notice is valid if it has been received by registered post before expiry of the notice period, at the latest three months before the renewal date. Any change or cancellation requests in regards to your policy have to come through the Group Scheme Manager.

Your cover will automatically end:

- At the end of the Insurance Year, if the agreement between your company and us is terminated.
- If your company decides to end or not to renew your cover.
- If your company does not pay premiums or any other payment due under the Company Agreement with us.
- When you stop working for your company.

- Upon the death of the insured employee.

We can end your cover and that of your dependants if there is reasonable evidence that you or they have misled or attempted to mislead us. For example giving us false information, withholding information, or working with another party to give us false information, either intentionally or carelessly, which may influence us when deciding:

- Whether you (or they) can join the scheme
- What premiums your company has to pay
- Whether we have to pay any claim

Please inform us in the event that you are not covered or no longer covered under compulsory Swiss health and accident insurance (KVG and UVG). Please note that in this instance we reserve the right to cancel your insurance cover.

We are only liable for the costs which are not covered under compulsory Swiss health and accident insurance. If you do not hold or have ceased to hold such insurance cover or if you are not eligible for cover, we are not liable for costs that would have been covered under compulsory Swiss health and accident insurance.

## Lifecycle of your policy

Please note that upon the expiry of your policy, your right to reimbursement ends. Any eligible expenses incurred during the period of cover shall be reimbursed up to two years after the treatment date. However, we will no longer cover any on-going or further treatment that is required after the expiry date of your policy.

## Applying for cover if group membership ends

If your cover under the Company Agreement comes to an end, you can apply for cover under the "Suisse International Healthcare Plans" for Individual, by simply sending us an email (details below). The individual policy will not be subject to underwriting if insurance coverage is equivalent (i.e. you have the "Suisse Premier" plan then you can choose "Suisse Premier Individual" or if on the "Suisse Club" plan you can be set up on the "Suisse Club Individual"). You need to submit your application within one month of leaving the group scheme. If we accept your application, cover will start on the first day after you leave the group scheme.

@ individual.sales@allianzworldwidecare.com

# Paying premiums

In most cases, your company is responsible for paying the premiums for you and your dependants, covered under the Company Agreement, together with any amount that may be due and payable in respect of membership.

Premiums are based on several factors which may include the region of cover, your country of residence, the premium rates in effect and other risk factors which may materially affect the insurance, unless agreed otherwise in the Company Agreement.

By accepting cover the company has agreed to pay the premium amount as per quotation, by the payment method stated. Payments may be made on monthly, quarterly, half-yearly or annual basis depending on the chosen payment method. We are not responsible for payments made through third parties.

The company may also pay other taxes and charges associated with your cover (such as Insurance Premium Tax). However you may be liable to pay tax in respect of the premiums paid by your company. For details, please check with your company.

The following payment dates apply, unless agreed otherwise in the Company Agreement:

Payment frequency	Due date
Monthly	First day of each month
Quarterly	First day of each quarter
Half-yearly	1 <sup>st</sup> of July and 1 <sup>st</sup> of January
Annual	1 <sup>st</sup> of January

If the cover starts during an insurance year, the initial premium or first premium installment or the entire contribution (depending on the chosen payment frequency) is due on the first day of your insurance cover, unless agreed otherwise in the Company Agreement.

When you receive your invoice, please check that the premium matches the amount shown on your agreed quotation and contact us immediately if there is any difference. We are not responsible for payments made through third parties.

If the initial or subsequent premium is not paid in time in full, we can suspend your cover 14 days after we have provided the final written reminder (Articles 20 – 21 VVG). If we do not take legal action to recover the premium, the policy will be cancelled two months after the expiry of the 14 day notice period (Articles 20 – 21 VVG) and we will not issue a further termination letter.

We will inform you if your cover is suspended or if the policy is cancelled as a result of non-payment.

When you receive your invoice, please check that the premium matches the amount shown on your agreed quotation and contact us immediately if there is any difference. We are not responsible for payments made through third parties. **Subsequent premiums** are due on the first day of the chosen payment period.

Each year on the renewal date, we may change how we calculate your premiums and taxes, the amount to pay and/or the method of payment. If so, we will inform the company of these changes and they will only apply from the renewal date. If you wish, you can change the way you pay at policy renewal. Please write to us to request this at least 30 days before the renewal date.

Claims against us cannot be offset against the premium.

# The following terms also apply to your cover

**Applicable law:** Your policy is governed by the laws and courts of Switzerland in particular the federal law for insurance contracts "Versicherungsvertragsgesetz (VVG), unless otherwise required by law. Any dispute that cannot otherwise be resolved will be dealt with by the courts at the Swiss domicile of the insured person (or the person with an entitlement to claim) or at the domicile of the Insurer.

**Economic sanctions:** Cover is not provided if any element of the cover, benefit, activity, business or underlying business violates any applicable sanction law or regulations of the United Nations, the European Union, Switzerland or any other applicable economic or trade sanction law or regulations.

**Legal action:** All legal actions arising under this policy shall have a time limit of two years from the date of the event that gave rise to the action (Article 46 VVG).

**Who is covered:** Only those group members (and dependants) as described in the Company Agreement are eligible for cover.

**The amounts we will pay:** Our liability to you is limited to the amounts indicated in the Table of Benefits and any policy endorsements. The amount reimbursed, whether under this policy, public medical scheme or any other insurance will not exceed the figure stated on the invoice.

**Who can make changes to your policy:** No one, except an appointed representative or the Group Scheme Manager is allowed to make changes to your policy on your behalf. Changes are only valid when agreed by your company and us.

**When cover is provided by someone else:** We may decline a claim if you or any of your dependants are eligible to claim benefits from:

- A public scheme
- Any other insurance policy
- Any other third party

If that is the case, you need to inform us and provide all necessary information. You and the third party cannot agree any final settlement or waive our right to recover expenses without our prior written agreement. Otherwise, we are entitled to get back from you any amount we have paid and to cancel your cover.

We have the right to claim back from a third party any amount we paid for a claim, if the costs were due from or also covered by them. We may take legal proceedings in your name, at our expense, to achieve this. This is called subrogation.

We will not make a contribution to any third-party insurer if the costs are fully or partly covered by that insurer. However, if our plan covers a higher amount than the other insurer, we'll pay the amount not covered by them.

**Circumstances outside of our control (force majeure):** We will always do our best for you, but we are not liable for delays or failures in our obligations to you caused by things which are outside of our reasonable control. Examples are extremely severe weather, floods, landslides, earthquakes, storms, lightning, fire, subsidence, epidemics, acts of terrorism, outbreaks of military hostilities (whether or not war is declared), riots, explosions, strikes or other labour unrest, civil disturbances, sabotage and expropriation by governmental authorities.

#### **Cancellation and fraud:**

- a) For medically underwritten policies, the information you and your dependants give us e.g. on the Application Form or supporting documents, needs to be accurate and complete. If it isn't correct or if you don't tell us about things that may affect our underwriting decision, it may invalidate your policy from the start date. You also need to tell us about any medical conditions that arise between completing the application form and the start date of the policy. Medical conditions that you don't tell us about will most likely not be covered. If you're not sure whether certain information is relevant to underwriting, please call us and we'll be able to clarify that.
- b) We will not pay any benefits for a claim if:
  - The claim is false, fraudulent or intentionally exaggerated.
  - You or your dependants or anyone acting on your or their behalf use fraudulent means to obtain benefit under this policy.

The amount of any claim we paid to you before the fraudulent act or omission was discovered will become immediately owing to us. We reserve the right to inform your company of any fraudulent activity.

We may cancel your policy and we will write to you to inform you of the cancellation within four weeks of the date we discover that information wasn't accurate or complete (incorrect disclosure or non-disclosure) and the premium will be refunded (Article 6 VVG). In the event of fraudulent claims, your cover will be cancelled by us in writing from the date of our discovery of the fraudulent event and the amount of any fraudulent claims paid can be reclaimed by us (Article 40 VVG).

**Making contact with dependants:** In order to administer your policy, we may need to request further information. If we need to ask about one of your dependants (e.g. when we need to collect an email address for an adult dependant), we may contact you as the person acting on behalf of the dependant, and ask you for the relevant information, provided it is not sensitive information. Similarly, for the purposes of administering claims, we may send you non-sensitive information that relates to a family member.

**Use of Medi24:** The Medi24 advice line and its health-related information and resources is extremely helpful, but it's not a substitute for professional medical advice or for the care that you receive from your doctor. It is not intended to be used for medical diagnosis or treatment and you should not rely on it for that purpose. Always seek the advice of your doctor before beginning any new treatment or if you have any questions about a medical condition. We are not responsible or liable for any claim, loss or damage directly or indirectly resulting from your use of Medi24 or the information or services provided by them. Calls to Medi24 will be recorded and may be monitored for training, quality and regulatory purposes.

# Data protection

- a) The processing of personal data is essential to the transaction of insurance business. In the processing of personal data, we comply with the Swiss Data Protection Act (DPA). If necessary, we obtain any required permission to data processing from the insured person. The personal data processed by us include data relating to and for the purposes of preparing quotations, underwriting policies, collecting premium, paying claims and for any other purpose which is directly related to administering policies in accordance with the insurance. In the first instance, information on the insured person is taken from the point of application. We also process personal data in connection with product enhancements, as well as for our own marketing purposes.
- b) In order to offer affordable comprehensive insurance cover, our services may partly be provided by legally independent firms both domestically and abroad. These may be Allianz Group companies or partners. For the purposes of fulfilling its contractual obligations, we are bound to exchange data both within the group and outside the group. We store data electronically or physically in compliance with the applicable and relevant legal provisions. Insured persons whose personal data we process, have the right in accordance with the Data Protection Act to ask whether and what data concerning them we actually process and may also request rectification of incorrect data.

If you have any queries about how we use your personal data, please email us at:

📧 [AP.EU1DataPrivacyOfficer@allianz.com](mailto:AP.EU1DataPrivacyOfficer@allianz.com)




# Complaints procedure

Our Helpline is always the first number to call if you have any comments or complaints. If we can't resolve the problem on the phone, please email or write to us:

 +353 1 630 1301

 Email: [client.services@allianzworldwidecare.com](mailto:client.services@allianzworldwidecare.com)


 Customer Advocacy Team, Allianz Care, 15 Joyce Way, Park West Business Campus, Nangor Road, Dublin 12, Ireland.

We will handle your complaint according to our internal complaint management procedure.  
For details see:

 [www.allianzcare.com/complaints-procedure](http://www.allianzcare.com/complaints-procedure)

You can also contact our Helpline to obtain a copy of this procedure.

If we have been unable to resolve the matter to your satisfaction and you wish to take it further, you can refer your complaint to the Stiftung Ombudsman der Privatversicherung und der SUVA / Ombudsman de l'assurance privée et de la SUVA.

 Postfach 2646, 8022 Zürich

Please note that this does not affect your statutory rights under Swiss law or your right to refer the matter before the Swiss courts.

# Definitions

The following definitions apply to our Healthcare Plans. The benefits you are covered for are listed in your Table of Benefits. If your plan includes any benefit not listed below, the definition will appear in the “Notes” section at the end of your Table of Benefits. Wherever these words/phrases appear in your policy documents, they will always have the following meanings:

## A

### **Accident**

Sudden, unexpected, unintentional event that causes harm due to an exceptional external cause to the human body which results in an impairment of physical, mental or psychological health or death. (ATSG, Article 4 “Unfall”).

### **Accommodation costs for one parent staying in hospital with an insured child**

Hospital accommodation costs of one parent for the duration of the insured child’s admission to hospital for eligible treatment. If a suitable bed is not available in the hospital, we will contribute the equivalent of the daily room rate in a three-star hotel towards any hotel costs incurred. We do not cover sundry expenses such as meals, phone calls or newspapers. Please check your Table of Benefits to confirm whether an age limit applies with regard to your child.

### **Acute**

Sudden onset of symptoms or a medical condition.

### **Allergy testing**

A visit to a licensed practitioner to test for and discover if your symptoms are related to an allergy. If included in your plan as a specific benefit, cover is limited to the amount shown in your Table of Benefits.

## B

### **Burial expenses**

The cost of burials or cremation that take place outside the home country or principal country of residence. It doesn’t include related ceremonial costs such as food and beverage, travel, accommodation, flowers and sympathy cards.

## C

### **Chronic condition**

Sickness, illness, disease or injury that lasts longer than six months or requires medical attention (such as check-up or treatment) at least once a year. It also has one or more of the following characteristics:

- Is recurrent in nature
- Is without a known, generally recognised cure
- Is not generally deemed to respond well to treatment
- Requires palliative treatment
- Leads to permanent disability

Please refer to the “Notes” section of your Table of Benefits to confirm whether chronic conditions are covered.

### **Company**

Your employer as named in the Company Agreement.

### **Company Agreement**

The agreement we have with your employer, through which you and your dependants are insured with us. This agreement sets out who can be covered, when cover begins, how it is renewed and how premiums are paid.

### **Complementary treatment**

Therapeutic and diagnostic treatment that exists outside of traditional Western medicine. Please refer to your Table of Benefits to confirm whether any of the following complementary treatment methods are covered: chiropractic treatment, osteopathy, Chinese herbal medicine, homeopathy, acupuncture and podiatry as practised by approved therapists.

### **Complications of childbirth**

Post-partum haemorrhage and retained placental membrane. Where your plan also includes a routine maternity benefit, complications of childbirth includes medically necessary caesarean sections.

Costs related to complications of pregnancy or complications of childbirth are not payable under routine maternity.

### **Complications of pregnancy**

It relates to the health of the mother. Only the following complications that arise during the pre-natal stages of pregnancy are covered: ectopic pregnancy, gestational diabetes, pre-eclampsia, miscarriage, threatened miscarriage, stillbirth and hydatidiform mole.

### **Co-payment**

The percentage of the costs which you must pay. E.g. if a benefit has an 80% refund, this means that a co-payment of 20% applies, therefore we will pay 80% of the costs of each eligible treatment per insured person, per Insurance Year.

# D

### **Day-care treatment**

Planned treatment received in a hospital or day-care facility during the day, including a hospital room and nursing, that does not medically require the patient to stay overnight and where a discharge note is issued.

### **Deductible**

Also referred to as 'excess' in health insurance. It is the part of the cost that is payable by you and that we deduct from the amount we will pay.

Where deductibles apply, they are payable per person per Insurance Year, unless your Table of Benefits states otherwise.

### **Dental prescription drugs**

Drugs prescribed by a dentist for the treatment of dental inflammation or infection. The prescription drugs must be proven to be effective for the condition and recognised by the pharmaceutical regulator in a given country. They do not include mouthwashes, fluoride products, antiseptic gels and toothpastes.

### **Dental prostheses**

Crowns, inlays, onlays, adhesive reconstructions/restorations, bridges, dentures and implants as well as all necessary and ancillary treatment required.

### **Dental surgery**

Surgical extraction of teeth, as well as other tooth-related surgical procedures such as apicoectomy and dental prescription drugs. All investigative procedures that establish the need for dental surgery such as laboratory tests, X-rays, CT scans and MRI(s) are included under this benefit. Dental surgery does not cover surgical treatment that relates to dental implants.

### **Dental treatment**

An annual check-up, simple fillings related to cavities or decay, root canal treatment and dental prescription drugs.

### **Dependant**

Your spouse or partner and unmarried children that are named as dependants on your Insurance Certificate. Children are covered up to the day before their 18th birthday; or up to the day before their 24th birthday if they are in full-time education.

### **Diagnostic tests**

Investigations such as x-rays or blood tests, carried out for diagnostic purposes. These tests are covered when you are already displaying symptoms or when needed following other medical test results. This benefit does not cover annual check-ups or routine screenings.

### **Dietician fees**

Charges for dietary or nutritional advice provided by a health professional who is registered and qualified to practise in the country where the treatment is received. If included in your plan, cover is only provided in respect of eligible diagnosed medical conditions.

### **Direct family history**

It exists where a parent, grandparent, sibling or child has been previously diagnosed with the medical condition in question.

### **Disease**

Any impairment of physical, mental or psychological health which is not the result of an accident and which requires a medical examination, treatment or results in an incapacity to work. The congenital conditions are the diseases which are existing upon birth of a child. (ATSG, Article 3 "Krankheit").

### **Doctor**

A person who is licensed to practise medicine under the law of the country in which treatment is given and where they are practising within the limits of their licence.

### **Domicile**

The residence of a person who is located in the place where they are with the intention of staying permanently and is defined in the Swiss Civil Code (Schweizerisches Zivilgesetzbuch) (Articles 23 – 26, SR 210).

# E

## Emergency

The onset of a sudden and unforeseen medical condition that requires urgent medical assistance. Only treatment commencing within 24 hours of the emergency event will be covered.

### Emergency in-patient dental treatment

Acute emergency dental treatment for the relief of pain that is due to a serious accident and requires admission to hospital. The treatment must take place within 24 hours of the emergency event. Cover does not extend to follow-up dental treatment, dental surgery, dental prostheses, orthodontics or periodontics. If cover is provided for these benefits, it will be listed separately in the Table of Benefits.

### Emergency out-patient dental treatment

Treatment received in a dental surgery or hospital emergency room for the immediate relief of dental pain caused by an accident or an injury to a sound natural tooth. Treatment may include pulpotomy or pulpectomy and the subsequent temporary fillings, limited to three fillings per Insurance Year. Treatment must take place within 24 hours of the emergency event. It does not include any form of dental prostheses, permanent restorations or the continuation of root canal treatment. However, if your policy also includes a Dental Plan, it will cover dental treatment in excess of the limit on 'Emergency out-patient dental treatment' benefit. In that case, the Dental Plan terms will apply.

### Emergency out-patient treatment

Treatment received in a casualty ward or emergency room within 24 hours of an accident or sudden illness, where there is no medical necessity for you to occupy a hospital bed. If your policy includes an Out-patient Plan, it will cover you for out-patient treatment in excess of the limit on 'Emergency out-patient treatment' benefit. In that case, the Out-patient Plan terms will apply.

### Emergency treatment outside area of cover

Treatment for medical emergencies which occur during business or holiday trips outside your area of cover. Cover is provided for up to six weeks per trip within the maximum benefit amount. It includes treatment required due to an accident or the sudden beginning or worsening of a severe illness which presents an immediate threat to your health. Treatment by a doctor must start within 24 hours of the emergency event. Cover is not provided for curative or follow-up non-emergency treatment, even if you are deemed unable to travel to a country within your geographical area of cover. Nor does it extend to charges relating to maternity, pregnancy, childbirth or any complications of pregnancy or childbirth. Please tell your company's Group Scheme Manager if you are going to be outside your area of cover for more than six weeks.

## Expenses for one person accompanying an evacuated/repatriated person

Travel costs for one person accompanying the evacuated/repatriated person. If they can't travel in the same vehicle, we will pay for an alternative form of transport at economy rates. Following completion of treatment, we will also cover the cost of the companion's return trip, at economy rates, to the country where the evacuation/repatriation started from. Cover is not provided for hotel accommodation or other related expenses.

# F

## Family history

It exists where a parent, grandparent, sibling, child, aunt or uncle has been previously diagnosed with the medical condition in question.

## Family member

A first degree relative, who is a spouse, parent, brother, sister or a child including adopted children, fostered children or step children.

## Full medical underwriting

The assessment of insurance risk based on information that you give us when applying for cover. Our underwriting team uses this information to decide the terms of our offer.

# G

## Gender dysphoria

The distress a person feels due to a mismatch between their gender identity and their sex assigned at birth.

## Gender dysphoria services

Any of the following medically necessary treatments:

- Behavioral health services such as counselling for gender dysphoria and related psychiatric conditions (e.g. anxiety, depression). Treatment must be prescribed by a psychiatrist or PhD clinical psychologist.
- Hormonal therapy.
- Age-related and gender-specific preventive health checks such as cervical, breast, prostate cancer screenings, as appropriate to the individual's biological anatomy.
- Gender reassignment and related surgery, if you are diagnosed as having gender dysphoria, and the following criteria are met:
  - You are at least 18 years old.

- You have one letter of recommendation for surgery from a mental health professional for **breast/chest surgery** or two letters of recommendations from two separate mental health professional for **genital surgery**, including an extensive report. We will also accept a letter from a master's degree-level professional (it refers to anyone working in the mental health field – psychiatrist, mental health nurse or psychologist who has done a relevant master degree in this medical area) if the second letter is from a psychiatrist or PhD clinical psychologist.

The recommendation must be based on assessments conducted within the last 24 months and must indicate that your decision is current and not due to any other treatable condition or disorder. Each recommendation must state that the surgery is medically necessary according to evidence-based clinical guidelines.

### Group Scheme Manager

The designated representative of your company, who acts as the point of contact between the company and us for matters relating to the administration of the plan such as enrolment, premium collection and renewal.

### Groups with full medical underwriting

Groups where members' medical history is assessed.



### Health and wellbeing checks including screening for the early detection of illness or disease

Health checks, tests and examinations, performed at appropriate age intervals, that are undertaken without any clinical symptoms being present. Please refer to your Table of Benefits to confirm what tests and checks are covered under this benefit.

### HIV or AIDS treatment

A benefit that covers consultations, investigations, in-patient and out-patient treatment related to a diagnosis of Human Immunodeficiency Virus (HIV) or Acquired Immune Deficiency Syndrome (AIDS). If included in your plan as a specific benefit, cover is limited to the amount shown in your Table of Benefits.

### Home country

The country of origin or country of citizenship of the insured person.

### Hormone replacement therapy

The use of female hormones for the relief of symptoms resulting from cessation of ovarian function, either at the time of the natural menopause or following surgical removal of the ovaries. Cover is provided for medical practitioner fees, specialists fees as well as prescription drug expenses.

### Hospital

Any establishment which is licensed as a medical or surgical hospital in the country where it operates and where the patient is permanently supervised by a doctor. The following are not considered hospitals: rest and nursing homes, spas, cure-centres and health resorts.

### Hospital accommodation

Standard private or semi-private accommodation as shown in the Table of Benefits - deluxe, executive rooms and suites are not covered. The hospital accommodation benefit only applies when the hospitalisation is not related to any other in-patient benefit shown on the Table of Benefits. For example, if a member is hospitalised for cancer treatment, the hospital accommodation will be covered under the oncology benefit, and not under the hospital accommodation benefit. Examples of benefits that already include hospital accommodation (if included in your plan) are: Psychiatry and psychotherapy, Organ transplant, Oncology, Routine maternity, Palliative care and Long-term care.



### Infertility treatment

All invasive investigative procedures necessary to establish the cause of infertility such as hysterosalpingogram, laparoscopy or hysteroscopy. It also covers treatment such as In Vitro Fertilisation (IVF), for diagnosed cases of infertility. We will cover the cost of treatment for the insured member who receives it, up to the limit indicated in the Table of Benefits. You can't claim under an insured spouse/partner's cover for costs that exceed your benefit limit.

All non-invasive investigative procedures undertaken to establish the cause of infertility are covered within the relevant benefit limits of the Out-patient Plan (if you have one). Examples of benefits that cover non-invasive investigations procedures are 'Diagnostic tests', 'Medical practitioner fees' and 'Specialist fees'.

For multiple birth babies born as a result of medically assisted reproduction, all babies born by surrogacy, adopted and fostered children, in-patient treatment is limited to CHF39,000 per child for the first three months following birth. Out-patient treatment is paid under the terms of the Out-patient Plan.

### **In-patient cash benefit**

It is payable when you receive in-patient treatment for a medical condition that is covered by us but is free of charge for you, i.e. when the full cost of your treatment is funded by your national health service and no claim is made or paid by us under any section of this policy. In-patient cash benefit is limited to the amount specified in the Table of Benefits and is payable after you are discharged from hospital.

### **In-patient treatment**

Treatment received in a hospital where an overnight stay is medically necessary.

### **Insurance Certificate**

A document we issue that outlines the details of your cover. It confirms that your company has a group insurance policy with us.

### **Insurance year**

It applies from the effective date of your policy and always ends on the 31st of December.

### **Insured person**

You and your dependants as stated on your Insurance Certificate.

## L

### **Local ambulance**

Ambulance transport that is required for an emergency or out of medical necessity, to the nearest available and appropriate hospital or licensed medical facility.

### **Long-term care**

Care over an extended period of time after the acute treatment has been completed, usually for a chronic condition or disability requiring periodic, intermittent or continuous care. Long-term care can be provided at home, in the community, in a hospital or in a nursing home. Please note that treatments provided in a health resort or spa are excluded.

## M

### **Medical evacuation**

It applies in the following scenarios:

- If the necessary treatment you are covered for is not available locally
- If adequately screened blood is unavailable in an emergency

We will evacuate you to the nearest appropriate medical centre (which may or may not be in your home country) by ambulance, helicopter or aeroplane. The medical evacuation should be requested by your doctor, and will be carried out in the most economical way that is appropriate to your medical condition. Following completion of treatment, we will also cover the cost of your return trip at economy rates to your principal country of residence.

If you can't travel or be evacuated for medical reasons following discharge from an in-patient episode of care, we will cover the reasonable cost of hotel accommodation in a private en-suite room for up to seven days. We do not cover costs for hotel suites, four or five-star hotel accommodation or hotel accommodation for an accompanying person.

If you are evacuated to the nearest appropriate medical centre for ongoing treatment, we will cover the reasonable cost of hotel accommodation in a private en-suite room. This cost must be more economical than the cost of a series of journeys between the nearest appropriate medical centre and your principal country of residence. Hotel accommodation for an accompanying person is not covered.

Where adequately screened blood is not available locally, we will, where appropriate, try to locate and transport screened blood and sterile transfusion equipment, if this is advised by the treating doctor and our own medical experts. We and our agents accept no liability if we are unsuccessful or if contaminated blood or equipment is used by the treating authority.

You must contact us at the first indication that you need an evacuation. From this point onwards, we will organise and coordinate the evacuation until you arrive safely at your destination of care. If evacuation services are not organised by us, we reserve the right to decline all costs incurred.

### **Medical necessity**

Medical treatment, services or supplies that fulfil all of the following:

- a) Essential to identify or treat your condition, illness or injury
- b) Consistent with your symptoms, diagnosis or treatment of the underlying condition
- c) In accordance with generally accepted medical practice and professional standards of care in the medical community at the time (this does not apply to complementary treatment methods if they form part of your cover)
- d) Required for reasons other than the comfort or convenience of you or your doctor
- e) Proven and demonstrated to have medical value (this does not apply to complementary treatment methods if they form part of your cover)
- f) Considered to be the most appropriate type and level of service or supply
- g) Provided at an appropriate facility, in an appropriate setting and at an appropriate level of care for the treatment of your medical condition

h) Provided only for an appropriate duration of time

In this definition, the term “appropriate” means taking patient safety and cost effectiveness into consideration. In respect to in-patient treatment, “medically necessary” also means that diagnosis can’t be made or treatment can’t be safely and effectively provided on an out-patient basis.

### Medical practitioner fees

Fees charged for non-surgical treatment performed or administered by a medical practitioner.

### Medical practitioners

Doctors who are licensed to practise medicine under the law of the country in which treatment is given and where they are practising within the limits of their licence.

### Medical repatriation

An optional level of cover and where provided will be shown in the Table of Benefits. If the necessary treatment for which you are covered isn’t available locally you can choose to be medically evacuated to your home country for treatment, instead of to the nearest appropriate medical centre. This only applies when your home country is within your geographical area of cover. Following completion of treatment, we will also cover the cost of your return trip at economy rates, to your principal country of residence. The return journey must take place within one month after treatment has been completed.

You must contact us at the first indication that repatriation is required. From this point onwards we will organise and coordinate all stages of the repatriation until you arrive safely at your destination of care. If the repatriation is not organised by us, we reserve the right to decline all costs incurred.

### Mental health professional

A practitioner working in health care, counselling or social services who offers services for the purpose of treating mental health conditions.

### Midwife fees

Fees charged by a midwife or birth assistant, who, according to the law of the country in which treatment is given, has completed the necessary training and passed the necessary state examinations.

# N

### Newborn care

Customary examinations required to assess the integrity and basic function of the child’s organs and skeletal structures. These essential examinations are carried out immediately following birth.

Cover doesn’t include further preventive diagnostic procedures, such as routine swabs, blood typing and hearing tests. However, if for medical reasons the child needs any follow-up investigations and treatment, these are covered under the newborn’s own policy (if they have been added as a dependant).

For multiple birth babies born as a result of medically assisted reproduction, all babies born by surrogacy, adopted and fostered children, in-patient treatment is limited to CHF39,000 per child for the first three months following birth. Out-patient treatment is paid within the terms of the Out-patient Plan.

### Non-prescribed physiotherapy

Treatment provided by a registered physiotherapist without being referred by a doctor in advance. Cover is limited to the number of sessions indicated in your Table of Benefits. A doctor must prescribe any additional sessions over this limit, which will be covered under the Prescribed physiotherapy benefit. Physiotherapy does not include therapies such as Rolfing, Massage, Pilates, Fango and Milta.

### Non-underwritten groups

Groups where the members’ health information is not assessed.

### Nursing at home or in a convalescent home

Nursing received immediately after, or instead of, eligible in-patient or day-care treatment. We will pay the benefit listed in the Table of Benefits if the treating doctor decides that it is medically necessary for you to stay in a convalescent home or have a nurse in attendance at home. This benefit also needs to be approved by our Medical Director. This benefit doesn’t cover spas, cure centres or health resorts.



### Obesity

It is diagnosed when a person has a body mass index (BMI) of over 30 (you can find a BMI calculator at: [www.allianzcare.com/en/support/health-and-wellness/bmi-calculator.html](http://www.allianzcare.com/en/support/health-and-wellness/bmi-calculator.html)).

### Occupational therapy

Treatment that helps you develop skills needed for daily living and interactions with other people and the environment. These refer to:

- Fine and gross motor skills (how you perform small, precise tasks and whole-body movement).
- Sensory integration (how the brain organises a response to your senses).
- Coordination, balance and other skills such as dressing, eating and grooming.

We will need to see a progress report after every 20 sessions.

### Oculomotor therapy

A specific type of occupational therapy that aims to synchronise eye movement when there is a lack of coordination between eye muscles.

### Oncology

Specialist fees, diagnostic tests, radiotherapy, chemotherapy and hospital charges related to the treatment of cancer from the point of diagnosis. We also cover the cost of an external prosthetic device for cosmetic purposes, for example a wig for hair loss or a prosthetic bra after breast cancer treatment.

### Oral and maxillofacial surgical procedures

Surgical treatment on the mouth, jaws, face or neck performed in a hospital by an oral and maxillofacial surgeon for: oral pathology, temporomandibular joint disorders, facial bone fractures, congenital jaw deformities, salivary gland diseases and tumours.

Unless you hold a Dental Plan, we do not cover the following procedures even if they are performed by an oral and maxillofacial surgeon:

- Surgical removal of impacted teeth
- Surgical removal of cysts
- Orthognathic surgeries for the correction of malocclusion

### Organ transplant

The following organ or tissue transplants: heart, heart/valve, heart/lung, liver, pancreas, pancreas/kidney, kidney, bone marrow, parathyroid, muscular/skeletal and cornea. We do not reimburse the costs of acquiring organs.

### Orthodontics

The use of devices to correct malocclusion (misalignment of your teeth and bite). We only cover orthodontic treatment that meets the medical necessity criteria described below. As the criteria is very technical, please contact us before starting treatment so we can verify if your treatment meets the criteria.

#### Medical necessity criteria:

- a) Increased overjet > 6mm but <= 9 mm
- b) Reverse overjet > 3.5 mm with no masticatory or speech difficulties
- c) Anterior or posterior crossbites with > 2 mm discrepancy between the retruded contact position and intercuspal position
- d) Severe displacements of teeth > 4
- e) Extreme lateral or anterior open bites > 4 mm
- f) Increased and complete overbite with gingival or palatal trauma
- g) Less extensive hypodontia requiring pre-restorative orthodontics or orthodontic space closure to obviate the need for a prosthesis

- h) Posterior lingual crossbite with no functional occlusal contact in one or more buccal segments
- i) Reverse overjet > 1 mm but < 3.5 mm with recorded masticatory and speech difficulties
- j) Partially erupted teeth, tipped and impacted against adjacent teeth
- k) Existing supernumerary teeth

You will need to send us some supporting information to show that your treatment is medically necessary and therefore covered by your plan. The information we ask for may include, but is not limited to:

- A medical report issued by the specialist, stating the diagnosis (type of malocclusion) and a description of your symptoms caused by the orthodontic problem.
- A treatment plan showing the estimated duration and cost of the treatment and the type/material of the appliance used.
- The payment arrangement agreed with the medical provider.
- Proof of payment for orthodontic treatment.
- Photographs of both jaws clearly showing dentition before the treatment.
- Clinical photographs of the jaws in central occlusion from frontal and lateral views.
- Orthopantomogram (panoramic x-ray).
- Profile x-ray (cephalometric x-ray).
- Any other document we may need to assess the claim.

We will only cover the cost of standard metallic braces and/or standard removable appliances. However, we'll cover cosmetic appliances such as lingual braces and invisible aligners up to the cost of metallic braces, subject to the 'Orthodontic treatment' benefit limit.

### Orthomolecular treatment

Alternative treatment that aims to restore the individual biochemical balance through supplements. It uses natural substances such as vitamins, minerals, enzymes and hormones.

### Out-patient surgery

Surgical procedure performed in a surgery, hospital, day-care facility or out-patient department that does not require you to stay overnight out of medical necessity.

### Out-patient treatment

Treatment provided in the practice or surgery of a medical practitioner, therapist or specialist that does not require you to be admitted to hospital.



# P

## **Palliative care**

Ongoing treatment that aims to alleviate the physical/psychological suffering associated with progressive, incurable illness and to maintain quality of life. It includes in-patient, day-care and out-patient treatment following the diagnosis of a terminal condition. We will pay for physical care, psychological care, hospital or hospice accommodation, nursing care and prescription drugs. Please note treatments provided in a health resort or spa are excluded.

## **Partner**

A person you have lived with in a conjugal relationship for a continuous period of 12 months.

## **Periodontics**

Dental treatment related to gum disease.

## **Podiatry**

Medically necessary treatment carried out by a State Registered podiatrist.

## **Policyholder**

The employer of the principal insured employee who is a party to the Company Agreement with the insurer. The Policyholder is also referred to as the company.

## **Post-natal care**

Routine post-partum medical care received by the mother for up to six weeks after delivery.

## **Pre-existing conditions**

Medical conditions for which one or more symptoms presented at some point during your or your dependants' lifetime and which are captured on the Application Form (Articles 4 and 5 VVG). This applies regardless of whether you or your dependants sought any medical advice or treatment. We would deem any such condition to be pre-existing if we could reasonably assume you or your dependants have known about it. Your policy will cover pre-existing conditions unless we tell you otherwise in writing.

We will also treat as pre-existing any medical conditions that arise between the date you completed the application form and the later of the following:

- The date we issued your Insurance Certificate or
- The start date of your policy

Such pre-existing conditions will also be subject to medical underwriting and if they are not disclosed, they will not be covered and your policy will be cancelled (Article 6 and Article 98 VVG). Please refer to the "Notes" section of your Table of Benefits to confirm if pre-existing conditions are covered.

## **Pregnancy**

The period of time when you are expecting a baby, from the date of the first diagnosis until delivery.

## **Pre-natal care**

Common screening and follow-up tests required during pregnancy. For women aged 35 and over, this includes Triple/Bart's, Quadruple and Spina Bifida tests, amniocentesis and, if directly linked to an eligible amniocentesis, DNA-analysis.

## **Prescribed drugs**

Over the counter drugs when prescribed by a doctor to:

- Treat a confirmed diagnosis or medical condition
- Compensate a lack of vital bodily substances

Examples are aspirins, vitamins and hypodermic needles. Prescribed drugs must be clinically proven to be effective for the diagnosed condition. They must also be recognised by the pharmaceutical regulator in the country where you use the prescription. Even if you can legally buy a medication without a doctor's prescription in that country, you must get a prescription for these costs to be covered.

## **Prescribed glasses and contact lenses including eye examination**

Cover for a routine eye examination carried out by an optometrist or ophthalmologist (one check-up per Insurance Year) and for lenses and glasses to correct vision.

## **Prescribed medical aids**

Any device which is prescribed and medically necessary to enable you to carry out everyday activities and replace, facilitate or supplement impaired body functions. Examples include:

- Biochemical aids such as insulin pumps, glucose meters and peritoneal dialysis machines.
- Motion aids such as crutches, wheelchairs, orthopaedic supports/braces, artificial limbs and prostheses.
- Hearing and speaking aids such as an electronic larynx.
- Medically graduated compression stockings.
- Long-term wound aids such as dressings and stoma supplies.

We do not cover costs for medical aids that form part of palliative care or long-term care.

### **Prescribed physiotherapy**

Treatment provided by a registered physiotherapist following referral by a doctor. Physiotherapy (either prescribed, or a combination of non-prescribed and prescribed treatment) is initially restricted to 24 sessions per condition, after which treatment must be reviewed by the doctor who referred you. If you need further sessions, you must send us a new progress report, indicating the medical necessity for more treatment. Physiotherapy prescribed following an in-patient treatment will be covered under the Rehabilitation treatment benefit.

### **Prescription drugs**

Products which you can't buy without a prescription and are to treat a confirmed diagnosis or medical condition or to compensate a lack of vital bodily substances. Examples are antibiotics, sedatives, etc. Prescription drugs must be clinically proven to be effective for the diagnosed condition. They must also be recognised by internationally accepted medical guidelines. You can claim for a supply of up to a 3 months from the prescription date, subject to length of time remaining on the policy.

### **Preventative surgery**

Prophylactic mastectomy or prophylactic oophorectomy. We will pay for preventative surgery when:

- You have a direct family history of a disease which is part of a hereditary cancer syndrome (for example, breast cancer or ovarian cancer) and
- Genetic testing has established the presence of a hereditary cancer syndrome.

### **Preventive treatment**

Treatment you receive without any clinical symptoms being present at the time of treatment (e.g. the removal of a pre-cancerous growth). This benefit is covered when the 'Preventive treatment' benefit is listed in your Table of Benefits.

### **Principal insured employee**

The employee of the Policyholder (company) as stated on the Insurance Certificate.

### **Psychiatry and psychotherapy**

The treatment of mental, behavioural and personality disorders, including autism spectrum and eating disorder. Treatment must be carried out by a psychiatrist, clinical psychologist or licensed psychotherapist. The condition must be clinically significant and the treatment medically necessary.

All day-care or in-patient admissions must include prescription medication related to the condition.

Out-patient psychotherapy treatment (where covered) requires referral by a doctor and is limited for 10 sessions per condition initially. After every 10 sessions, a psychiatrist must review the treatment. If you need more sessions, you must send us a progress report that indicates the diagnosis and the medical necessity for further treatment.

Counselling is available through our Employee Assistance Programme (EAP) and refers to short-term, solution-focused interventions, and typically deals with current issues that are easily resolved on the conscious level. This is not meant for longer-term situations or the treatment of clinical disorders. EAP can help you and your immediate family deal with challenging situations that may arise in life, such as stress, anxiety, bereavement, workplace challenges, relationship issues, cross-cultural transition, coping with isolation and loneliness. For more information see the 'Employee Assistance Programme (EAP)' section of this guide.



### **Reasonable and customary**

Treatment costs that are usual within the country of treatment. We will only reimburse the cost of medical providers where their charges are reasonable and customary and in accordance with standard and generally accepted medical procedures.

### **Rehabilitation**

Treatment that combines therapies such as physical, occupational and speech therapy. It aims to restore original form or function after an acute illness, injury or surgery. Treatment must take place in a licensed rehabilitation facility and start within 14 days of discharge from acute medical and/or surgical treatment.

### **Repatriation of mortal remains**

The transportation of the insured deceased remains from the principal country of residence to the country of burial. We cover costs such as: embalming, a container legally appropriate for transportation, shipping and the necessary government authorisations. Cremation costs will only be covered if the cremation is required for legal purposes. We do not cover costs incurred by anyone accompanying the remains unless this is listed as a specific benefit in your Table of Benefits.

### **Routine maternity**

Medically necessary costs incurred during pregnancy and childbirth. This includes hospital charges, specialist fees, the mother's pre-natal and post-natal care, midwife fees (during labour only) and newborn care (see the definition of 'Newborn care' for what we cover under this benefit and for in-patient treatment limits that apply to adopted and fostered children, all babies born by surrogacy and multiple birth babies born as a result of medically assisted reproduction). We do not cover costs of complications of

pregnancy and childbirth under the 'Routine maternity' benefit. Caesarean sections that are not medically necessary are covered up to the cost of a routine delivery in the same hospital, subject to any benefit limits. Medically-necessary caesarean sections are paid for under the 'Complications of childbirth' benefit.

In case of home deliveries, we will pay up to the amount specified in the Table of Benefits if your plan includes the 'Home delivery' benefit.

# S

## Specialist

A licensed doctor possessing the additional qualifications and expertise necessary to practise as a recognised specialist in diagnostic techniques, treatment and prevention in a particular field of medicine.

## Specialist fees

Non-surgical treatment performed or administered by a licensed doctor. This benefit does not include cover for psychiatrist, psychologist fees or any treatment that is already covered by another benefit under your Table of Benefits. We don't cover specialist treatment that is excluded under your policy.

## Speech therapy

Treatment carried out by a qualified speech therapist to treat diagnosed physical impairments. This includes conditions such as nasal obstruction, neurogenic impairment (e.g. lingual paresis, brain injury) or articulation disorders involving the oral structure (e.g. cleft palate).

## Surgical appliances and materials

Those required for surgeries. They include artificial body parts or devices such as joint replacement materials, bone screws and plates, valve replacement appliances, endovascular stents, implantable defibrillators and pacemakers.

# T

## Therapist

A chiropractor, osteopath, Chinese herbalist, homeopath, acupuncturist, physiotherapist, speech therapist, occupational therapist or oculomotor therapist, who is qualified and licensed under the laws of the country in which treatment takes place.

## Travel costs of insured family members in the event of an evacuation/repatriation

The reasonable transportation costs of all insured family members of the evacuated or repatriated person, including minors who might otherwise be left unattended. If all family members can't travel in the same vehicle with the evacuated/repatriated person, we will pay for their round-trip transport at economy rates.

The 'Travel costs of insured family members in the event of a repatriation' benefit is covered if you have a repatriation plan. Cover does not include hotel accommodation or other related expenses.

## Travel costs of insured family members in the event of the repatriation of mortal remains

The reasonable transportation costs of any insured family members who had been living abroad with the insured person who died, to travel to the country of burial of the deceased. Reasonable transportation costs are considered to be round trip transport costs at economy rates. Cover does not include hotel accommodation or other related expenses.

## Travel costs of insured members to be with a family member who is at peril of death or who has died

The reasonable transportation costs of insured family members to be with a first-degree relative who is at peril of death or who has died (up to the amount specified in your Table of Benefits). In the case of a deceased relative, travel must commence within 6 weeks of their date of death. Reasonable transportation costs are considered to be round trip transport costs at economy rates.

A first-degree relative is a spouse or partner, parent, brother, sister or child, including adopted children, fostered children or step-children. When claiming, please include copies of the travel tickets and the death certificate or a doctor's certificate supporting the reason for travel. We will cover one claim per lifetime of the policy. Cover does not include hotel accommodation or other related expenses.

## Treatment

Medical procedure needed to cure or relieve illness or injury.

## Treatment of autism spectrum disorder

A range of therapies to improve the skills of an insured person with autism. This includes specialist medical treatment and accredited behavioural programmes. Treatment is covered as part of the 'Psychiatry and psychotherapy' benefit of your Out-patient Plan, if you have one. Check your Table of Benefit for any limits that may apply. We don't cover admissions, stays or day care treatment at specialised educational facilities.

## Treatment of eating disorders

A combination of psychotherapies, including cognitive behavioural therapy, medical monitoring, prescribed medication and nutritional counselling to treat anorexia nervosa, bulimia nervosa and binge-eating disorder.

All day-care or in-patient admissions must include prescription medication related to the condition.

Out-patient therapy (where covered) requires referral by a doctor and is limited for 10 sessions per condition initially. After every 10 sessions, a psychiatrist must review the treatment. If you need more sessions, you must send us a progress report that indicates the diagnosis and the medical necessity for further treatment.



### **Vaccinations**

- All basic immunisations and booster injections that are required by law in the country in which they are administered or recommended by the Authorities (Health Ministry, Foreign Ministry) in Switzerland or the destination of the travel.
- Vaccination against Covid-19\*, where this is not offered for free or only partially sponsored by the government in your country of residence.
- Medically necessary travel vaccinations.
- Malaria prevention tablets.

We cover the cost of consultation for administering the vaccine and the cost of the drug.

\*We cover any Covid-19 vaccine when:

- The vaccine has completed the necessary clinical development process, including all pre-licensure vaccine clinical trials (phase I, II and III) which demonstrate its efficacy and safety.
- The vaccine has completed the multi-step approval process for the relevant regulating authority and is approved for use in the jurisdiction where you require it.
- The vaccine is not offered for free or only partially sponsored by the government of the country in which you reside.

We cover the reasonable and customary cost of the Covid-19 vaccine, including the administration of the injection, in line with local public health policies related to the allocation of vaccines. We do not pay towards the travel cost if you decide to travel to a different country from where you normally reside in order to get the vaccination. Please note that cover is not intended to give you priority access to vaccines.

### **Video consultation services**

They provide direct access to a doctor via a telecommunication platform. This benefit covers the costs of video consultations, as indicated in your Table of Benefits and offers medical advice, diagnosis and issuance of a prescription, if needed, for non-urgent medical care. Access

to teleconsultation services and prescriptions will depend on your geographical location and local country regulations. You can make an appointment to speak to a medical practitioner in English, subject to availability. Some third party providers may offer additional core languages. Cost of medicines are not included, but delivery of medicine or referrals may or may not be included under this benefit, even when prescribed or recommended during the video consultation.

### **VVG**

Versicherungsvertragsgesetz, a federal law for insurance contracts in Switzerland.



### **Waiting period**

A period of time that begins on your policy start date (or effective date if you are a dependant), during which you are not entitled to cover for particular benefits. Your Table of Benefits shows which benefits are subject to waiting periods.

### **We/Our/Us**

AWP P&C S.A., Saint-Ouen (Paris), Wallisellen Branch (Switzerland).



### **You/Your**

The person working for the company and any dependants named on the Insurance Certificate.

# Exclusions

Although we cover most medically necessary treatment, we do not cover the following expenses unless indicated otherwise in the Table of Benefits or in any written policy endorsement.

## **ACQUISITION OF AN ORGAN**

Expenses for the acquisition of an organ such as, but not limited to donor search, typing, harvesting, transport and administration costs.

## **CHEMICAL CONTAMINATION AND RADIOACTIVITY**

Treatment for any medical conditions arising directly or indirectly from chemical contamination, radioactivity or any nuclear material, including the combustion of nuclear fuel.

## **COMPLEMENTARY TREATMENT**

Complementary treatment, with the exception of those treatments shown in the Table of Benefits.

## **COMPLICATIONS CAUSED BY CONDITIONS NOT COVERED UNDER YOUR PLAN**

Expenses incurred because of complications directly caused by an illness, injury or treatment for which cover is excluded or limited under your plan.

## **CONSULTATIONS PERFORMED BY YOU OR A FAMILY MEMBER**

Consultations performed and any drugs or treatments prescribed by you, your spouse, parents or children.

## **DENTAL VENEERS**

Dental veneers and related procedures.

## **DEVELOPMENTAL DELAY**

Delay in cognitive or physical development, unless a child has not achieved the developmental milestones expected for a child of that age. We do not cover conditions in which a child is slightly or temporarily lagging in development. The developmental delay must have been quantitatively measured by qualified medical professionals and documented as a delay in development of at least 12 months.

### **DRUG ADDICTION OR ALCOHOLISM**

Care and/or treatment of drug addiction or alcoholism (including detoxification programmes and treatments to stop smoking), death associated with drug addiction or alcoholism, or the treatment of any condition that in our reasonable opinion is related to, or a direct consequence of, alcoholism or addiction (e.g. organ failure or dementia). In case of gross negligence or deliberate cause of an accident, particularly in the case of abusive use of alcohol and other drugs, benefits may be reduced or refused in serious cases.

### **EXPERIMENTAL OR UNPROVEN TREATMENT OR DRUG THERAPY**

Any form of treatment or drug therapy which in our reasonable opinion is experimental or unproven, based on generally accepted medical practice.

### **FAILURE TO SEEK OR FOLLOW MEDICAL ADVICE**

Treatment required as a result of failure to seek or follow medical advice.

### **FAMILY THERAPY AND COUNSELLING**

Costs in respect of a family therapist or counsellor for out-patient psychotherapy treatment.

### **FEEES FOR THE COMPLETION OF A CLAIM FORM**

Doctor's fees for the completion of a Claim Form or other administration charges.

### **GENETIC TESTING**

Genetic testing, except:

- a) Where specific genetic tests are included within your plan.
- b) Where DNA tests are directly linked to an eligible amniocentesis i.e. in the case of women aged 35 or over.
- c) Where testing for genetic receptor of tumours is covered.

### **HOME VISITS**

Home visits, unless they are necessary after the sudden onset of an acute illness that leaves you incapable of visiting your doctor or therapist.

### **INFERTILITY TREATMENT**

Infertility treatment including medically assisted reproduction or treatment for any medical problems arising from it, unless you have a specific benefit for infertility treatment or have an Out-patient Plan. If you have an Out-patient Plan we will only cover non-invasive investigations into the cause of infertility (within the limits of your Out-patient Plan).

### **INJURIES CAUSED BY PROFESSIONAL SPORTS**

Treatment or diagnostic procedures for injuries arising from taking part in professional sports.

### **INTENTIONALLY CAUSED DISEASES OR SELF-INFLICTED INJURIES**

Care and/or treatment of intentionally caused diseases or self-inflicted injuries, including a suicide attempt.

### **LASER EYE TREATMENT**

Treatment to change the refraction of one or both eyes (laser eye correction).

### **LOSS OF HAIR AND HAIR REPLACEMENT**

Investigations into and treatment for loss of hair, including hair replacement unless the loss of hair is due to cancer treatment.

### **MEDICAL ERROR**

Treatment required as a result of medical error.

### **OBESITY TREATMENT**

Investigations into and treatment for obesity.

### **ORTHOMOLECULAR TREATMENT**

Please refer to the definition of 'Orthomolecular treatment'.

### **PARTICIPATION IN WAR OR CRIMINAL ACTS**

Death from or treatment for any illnesses, diseases or injuries resulting from active participation in the following, whether war has been declared or not:

- War
- Riots
- Civil disturbances
- Terrorism
- Criminal acts
- Illegal acts
- Acts against any foreign hostility

## **PLASTIC SURGERY**

Treatment carried out by a plastic surgeon, whether or not for medical/psychological purposes, and any cosmetic or aesthetic treatment to enhance your appearance, even when medically prescribed. The only exceptions are approved gender dysphoria and reconstructive surgery necessary to restore function or appearance after a disfiguring accident or as a result of surgery for cancer, if the accident or surgery occurs during your period of cover.

## **PRE- AND POST-NATAL**

Pre- and post-natal classes.

## **PRE-EXISTING CONDITIONS**

For underwritten groups, pre-existing conditions (including pre-existing chronic conditions) when:

- Indicated on a Special Conditions Form that we issue before your policy starts
- Conditions were not disclosed on the application form
- Conditions arise between completing the application form and the later of the following:
  - The date we issue your Insurance Certificate or
  - The start date of your policy

Such conditions will also be subject to medical underwriting and if not disclosed, will not be covered.

## **PRODUCTS SOLD WITHOUT PRESCRIPTIONS**

Products that can be purchased without a doctor's prescription, except where a specific benefit covering these costs appears in the Table of Benefits.

## **SEX CHANGE**

Sex change related operations and related treatments such as:

- Blepharoplasty
- Cheek/malar implants
- Chin/nose implants
- Collagen injections
- Face/forehead lift
- Facial bone reduction (osteoplasty)
- Hair removal/hair transplantation
- Jaw reduction
- Laryngoplasty
- Rhinoplasty
- Skin resurfacing (e.g., dermabrasion, chemical peels)



- Thyroid reduction chondroplasty
- Neck tightening
- Lip enhancement
- Botox and filler injections

### **SLEEP DISORDERS**

Treatment of sleep disorders, including insomnia, obstructive sleep apnoea, narcolepsy, snoring and bruxism.

### **SPEECH THERAPY**

Speech therapy related to developmental delay, dyslexia, dyspraxia or expressive language disorder.

### **STAYS IN A CURE CENTRE**

Stays in a cure centre, bath centre, spa, health resort and recovery centre, even if the stay is medically prescribed.

### **STERILISATION, SEXUAL DYSFUNCTION AND CONTRACEPTION**

Investigations into, treatment of and complications arising from:

- Sterilisation.
- Sexual dysfunction (unless as a result of a total prostatectomy following cancer surgery).
- Contraception (including the insertion and removal of contraceptive devices and all other contraceptives, even if prescribed for medical reasons). The only exception is where contraceptives are prescribed by a dermatologist for the treatment of acne.

### **SURROGACY**

Treatment directly related to surrogacy whether you are acting as a surrogate, or are the intended parent.

### **TERMINATION OF PREGNANCY**

Termination of pregnancy, except where the life of the pregnant woman is in danger.

### **TRAVEL COSTS**

Travel costs to and from medical facilities (including parking costs) for treatment, except when covered under 'Local ambulance', 'Medical evacuation' and 'Medical repatriation' benefits.

### **TREATMENT IN THE USA IN THE FOLLOWING CASES**

Treatment in the USA if we believe that cover was taken out with the purpose of travelling to the USA to get treatment for a condition or symptoms you were aware of:

- before being insured with us
- before having the USA in your region of cover

If we paid any claims in these circumstances, we reserve the right to seek reimbursement from you.

### **TREATMENT OUTSIDE THE GEOGRAPHICAL AREA OF COVER**

Treatment outside the geographical area of cover unless for emergencies or authorised by us.

### **TRIPLE/BART'S, QUADRUPLE OR SPINA BIFIDA TESTS**

Triple/Bart's, Quadruple or Spina Bifida tests, except for women aged 35 or over.

### **TUMOUR MARKER TESTING**

Tumour marker testing, unless you have previously been diagnosed with the specific cancer in question, in which case cover is provided under the 'Oncology' benefit.

### **VESSEL AT SEA**

Medical evacuation/repatriation from a vessel at sea to a medical facility on land.

### **VITAMINS OR MINERALS**

Products classified as:

- Vitamins and minerals (except during pregnancy or to treat diagnosed vitamin deficiency syndromes).
- Supplements such as, infant formula and cosmetic products.

These products are excluded even if they are medically recommended, prescribed or acknowledged as having therapeutic effects. Costs incurred as a result of nutritional or dietary consultations are also not covered, unless a specific benefit shows in your Table of Benefits.

### **BENEFITS THAT ARE NOT IN YOUR TABLE OF BENEFITS**

The following benefits or any adverse consequences or complications relating to them, unless otherwise indicated in your Table of Benefits:

- **Dental treatment, dental surgery, periodontics, orthodontics and dental prostheses. The only exception is oral and maxillofacial surgical procedures, which are covered within the overall limit of your Core Plan.**
- **Dietician fees.**
- **Emergency dental treatment.**
- **Expenses for one person accompanying an evacuated/repatriated person.**
- **Health and wellbeing checks including screening for the early detection of illness or disease.**
- **Home delivery.**
- **Infertility treatment.**
- **In-patient psychiatry and psychotherapy treatment.**
- **Medical repatriation.**
- **Organ transplant.**
- **Out-patient psychiatry and psychotherapy treatment.**
- **Out-patient treatment.**
- **Prescribed glasses and contact lenses including eye examination.**
- **Prescribed medical aids.**
- **Preventive treatment.**
- **Rehabilitation treatment.**
- **Routine maternity.**
- **Travel costs of insured family members in the event of an evacuation/repatriation.**
- **Travel costs of insured family members in the event of the repatriation of mortal remains.**
- **Travel costs of insured members to be with a family member who is at peril of death or who has died.**
- **Vaccinations.**

# Talk to us, we love to help!

If you have any queries regarding your top-up cover, treatments outside Switzerland, evacuations and repatriations, please contact us:


 24/7 Helpline: +353 1 630 1301

For our latest list of toll-free numbers, please visit:

[www.allianzcare.com/en/pages/toll-free-numbers.html](http://www.allianzcare.com/en/pages/toll-free-numbers.html)

*Calls to our Helpline will be recorded and may be monitored for training, quality and regulatory purposes. Please note that only the policyholder (or an appointed representative) or the Group Scheme Manager can make changes to the policy.*

*Security questions will be asked of all callers to verify identity.*

 Fax: +353 1 630 1306

 Address: Allianz Care, 15 Joyce Way, Park West Business Campus, Nangor Road, Dublin 12, Ireland.

 [https://www.allianz-partners.com/en\\_CH/business-areas/care/corporate-groups.html](https://www.allianz-partners.com/en_CH/business-areas/care/corporate-groups.html)